A contingent of IU Geriatrics personnel demonstrated their dedication to quality long term care medicine by contributing to the AMDA Long Term Care Medicine forum held Feb 27-Mar 2 in Nashville, Tennessee.

As medical director of OPTIMISTIC, Arif Nazir, MD, CMC, participated on a Models of Care education session panel that presented “Innovations in Care Delivery: Practical Lessons Learned from the CMMI Projects on Reducing Unnecessary Hospitalizations in the Nursing Homes. He also co-presented the Models of Care session, “Heart Failure Management in Nursing Homes: What Will it Take for Us Not to Fail?”

In a research session, Greg Arling, PhD and Arif Nazir, MD, CMD, presented “Reducing Avoidable Hospitalizations of Nursing Home residents: Evaluating the Impact of INTERACT and Related Approaches in One State.” The presentation reported on results from a study of 39 nursing homes that tailored the INTERACT tools or developed their own tools as part of the Minnesota Performance-based Incentive Payment Program (PIPP) program.

Toch Iloabuchi, MD, MS, was a facilitator of sessions, “It’s All Possible: Practical Approaches to Long Term Care” and “Making it All Better!” They were presented in the AMDA Foundation Futures Program, an intensive learning experience designed to expose residents and fellows to the numerous career opportunities available in long term care.

Dr. Iloabuchi was a a 2012 Futures Program Scholar.

Malaz Boustani, MD, MPH, presented “Screening Measures/Care Management” and “Advanced Care Planning” in a pre-conference workshop on “Navigating Mood and Behavior Challenges in Long-Term Care: Strategies for Optimal Outcomes.”

As a board representative from the AMDA State Presidents Council, Dr. Nazir attended meetings of the AMDA Board of Directors, and he attended the Education Committee meeting.

Evelyn Bose, MD, CMD, Kristi Lieb, MD, Arif Nazir, MD, CMD, and Monica Tegeler, MD, CMD represented Indiana at the AMDA House of Delegates meeting.

Drs. Bose, Nazir and Tegeler attended a meeting of the Indiana Medical Directors Association.

Former IU Geriatric Medicine Fellow Angela Hackman, MD, attended AMDA LTC. She was a 2013 Futures Program Scholar.

Lead author Laura Holtz, BS, CCRC presented the poster, “The OPTIMISTIC Project: Incorporating Advance Care Planning into a CMS Nursing Home Demonstration Project.” Co-authors are Kathleen Unroe, MD, MHA, Susan Hickman, PhD, Monica Tegeler, MD, Helen Maurer, MA, CHES, Merih Bennett, MA, Ravan Carter, and Greg Sachs, MD.

Congratulations to Ella Bowman, MD, PhD, FAAHPM who was recognized as a new AAHPM Fellow. The designation represents a significant commitment to scholarship in the field of hospice and palliative medicine. New fellows were recognized during the plenary session.
Meeting Facilitates Moving Care of Older Adults into Mainstream of Medical Training

Ella Bowman, MD, PhD, Todd James, MD, and Toch Iloabuchi, MD, MS attended the 11th Annual Donald W. Reynolds Foundation (DWRF) Grantee Meeting held in October 2013 at the Hotel Del Coronado, California. The annual meeting is geared toward all levels of clinician educators in geriatrics and attracts thought leaders within the field.

The DWRF encourages collaboration among grantees so that their work continuously expands the scope of resources available to train physicians in caring for older adults. This includes exchanging strategies to enhance geriatrics training, introducing advances in medical education, and launching new geriatrics initiatives that catalyze moving the care of older adults into the mainstream of medical training.

The materials from the meetings are stored on the The Portal of Geriatrics Online Education (POGOe) to assist those interested in developing geriatrics education projects.

Backstory: From 2003-2008, the Reynolds Foundation funded GENI—the Geriatrics Education Network of Indiana. The $2 million grant was at that time the largest educational grant ever received by the IU School of Medicine. GENI was led by Glenda Westmoreland, MD, MPH. Using a train-the-trainer strategy, GENI aimed to strengthen geriatrics training statewide, from medical students to residents to practicing physicians during the funding period and beyond.

Presentations and Professional Activities

Greg Sachs, MD, participated in the Institute of Medicine’s Meeting of Experts on Advanced Dementia held in January 2013 in Washington, DC. The experts discussed and made suggestions about how providers, including primary care physicians and hospitals should address patient-centered goals of care and care-related issues.

IU-CAR Scientist Nicole Keith, PhD, FACSM, was a guest speaker on March 5, 2014 at the IUSM Office of Faculty Affairs and Professional Development Series “Stepping Stones of Women in Leadership.” Presented in collaboration with the IUSM Women’s Advisory Council, the series features women who describe the path that led to career success in medicine or science. Dr. Keith is an associate professor in the IUPUI Department of Kinesiology.

Kristin Geros, MPH, presented the poster, “Religion and Spirituality in Surrogate Decision Making for Hospitalized Older Adults” at the 3rd Annual Conference on Medicine & Religion held in March 2014 in Chicago. Ms. Geros is a third year IU medical student who conducted research as an IU-CAR Research Scholar in 2012 with Dr. Lexy Torke. The conference is a leading forum for discourse and scholarship at the intersection of medicine and religion.

Malaz Boustani, MD, MPH co-presented “Implementation of Integrated Collaborative Geriatric Mental Health Care Models: What Have We Learned from a Decade of Experience?” at the Annual Meeting of the American Association of Geriatric Psychiatry held in March 2014 in Orlando, Florida.

Alexia Torke, MD, MS was quoted in “Mammography’s Limits, Seldom Understood,” a post written by New York Times blogger Paula Span. The post appeared on March 14, 2014 in Ms. Span’s The New Old Age blog on Caring and Coping.

Chris Callahan, MD, was a guest on WFYI’s ‘No Limits’ program, March 20, 2014. The live FM radio broadcast about depression and heart disease also included guests Dr. Jesse Stewart from the IUPUI School of Science and Cindy Wilson from Eskenazi Health Midtown Community Mental Health. The program is posted on the WFYI website at www.wfyi.org/NoLimits.

Steve Counsell, MD, was a guest contributor in the March 20, 2014 issue of The Dual Agenda, a biweekly newsletter that highlights news and advocacy surrounding the Center for Medicare and Medicaid Services’ Financial Alignment Demonstration. In the newsletter’s “Eldercare Voices” feature, Dr. Counsell offered his perspective on the GRACE inter-disciplinary team care model.

Malaz Boustani, MD, MPH returned to his alma mater to present “Dementia: To Screen or Not to Screen?” and to participate in a geriatrics panel discussion at the 38th Annual Internal Medicine Conference held March 2014 in Chapel Hill, North Carolina. Dr. Boustani completed Geriatric Medicine and Clinical Research Fellowships and an MPH in Public Health Care and Prevention at UNC-Chapel Hill.
Publications


From the IUSM NEWSROOM
Study finds earlier depression treatment prevents heart attacks and strokes
February 4, 2014
INDIANAPOLIS - Lifestyle changes such as stopping smoking and reducing high cholesterol and blood pressure have long been known as ways to prevent heart attacks and stroke, but researchers have discovered a new preventative measure -- earlier treatment for depression. [PubMed link]

Treatment of depression before any apparent signs of cardiovascular disease can decrease the risk of heart attacks and strokes by almost half, according to the study "Effect of Collaborative Care for Depression on Risk of Cardiovascular Events: Data from the IMPACT Randomized Controlled Trial," which appears in the January 2014 issue of Psychosomatic Medicine.

Read more ...

4th ANNUAL MEETING
Embassy Suites Baltimore
Inner Harbor & Grand Historic Venue
Baltimore, Maryland
June 1-3, 2014

The American Delirium Society invites you to attend the 4th Annual Meeting, Delirium: From Molecules to Clinical Implementation. Learn from colleagues and contribute to scientific ideas regarding delirium etiology, state of the art clinical practice and ground-breaking research presentations. Meet like-minded clinicians and scientists from many different disciplines and specialties; develop friendships and research partnerships. This is a great networking opportunity!

http://www.americandeliriumsociety.org/conference-events/upcoming-ads-events