



INDIANA UNIVERSITY HEALTH

GI MOTILITY LAB

&

GASTRIC ELECTRICAL STIMULATION PROGRAM

### **AGILE (patency) CAPSULE**

**AGILE (patency) CAPSULE-** Your physician has ordered this test, which is intended to make sure you don't have a small bowel obstruction before you swallow a Video Capsule Endoscope.

#### **How Do I Prepare For The Procedure?**

1. The day before your procedure you may have a light breakfast, clear liquids until 7:00 p.m. and sips of water until midnight. If you are diabetic, this may involve adjusting your diabetic medications.
2. If you are taking morning medications, take them by 5AM, the morning of your study with small sips of water.
3. The procedure may not be safe for you if: (discuss with your referring physician)
  - a. Have known or suspected bowel obstruction
  - b. Have a swallowing disorder
4. **Please complete the enclosed forms and bring a list of all your medications. Bring all up to date insurance information and identification to your appointment, as well as complete names, addresses, phone and fax of all doctors you want to receive a copy of the report.**
5. ***PLEASE ARRIVE 30 MINUTES PRIOR TO YOUR SCHEDULED PROCEDURE TIME.***
  - a. Check-in at the Front Admitting Area located on the first floor of University Hospital, 550 N. University Blvd, Indianapolis Indiana.
  - b. Once registration is completed, the registration clerk will notify the Motility Clinic of your arrival. Proceed to the **Central Elevators**.
  - c. Take them to the 5<sup>th</sup> floor, (5601) and wait in the chairs immediately to the left of the elevators. The motility nurses will escort you to the Motility Lab.
  - d. Please use valet parking, which is available under the glass canopy.

### **What does the procedure involve?**

Most patients consider the test comfortable. The patency capsule is about the size of a large pill. **Exactly 30 hours** after ingestion of the patency capsule, you will have an x-ray to determine the location of the patency capsule within your abdomen.

If the patency capsule is detected structurally whole in the large bowel 30 hours post-ingestion, this confirms that the small bowel should pass objects the size of the capsule.

If the patency capsule is still in the small bowel 30 hours post-ingestion, this suggests significant narrowing of the small bowel or slow motility and you can NOT undergo the Video Capsule Endoscope test because it may get stuck in the small bowel. The patency capsule will dissolve, so it will not get stuck and cause problems.

Unless your doctor instructs you otherwise, you will be able to drink clear liquids after two hours and will be given instructions on the foods which you can eat after four hours following the capsule ingestion.

**\*\*If you should have any questions regarding your medications please contact your prescribing doctor. If you need to change your appointment for this test, please contact the Motility Lab scheduler 317-944-7817. If you have any specific questions regarding the test, please contact the Motility Lab at 317-948-8137.**